

## RECIPE FOR FUN

# Color Me Kool-Aid Outdoor Play

**Supplies Needed:** *corn starch, Kool-Aid packets, water, paint brush (sponge brushes work best), measuring spoons and cups*

### Instructions

1. Slowly add  $\frac{1}{4}$  cup of corn starch to  $\frac{3}{4}$  cup of water in a cup stirring continuously until smooth.
2. Add  $\frac{1}{4}$  teaspoon of Kool-Aid to the mixture. (Adjust Kool-Aid amount to desired color vibrance. The more Kool-Aid you use, the more likely that it is to cause a stain.)
3. You are ready to create your masterpiece with your littles on the sidewalk!

Tip 1: If you don't have any Kool-Aid, food coloring will work but will not have the yummy smell, simply adjust the amount of coloring.

Tip 2: To eliminate mess, try using a paintbrush and water, it's just as fun!



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BASICS  
FUN**

**MAXIMIZE LOVE,  
MANAGE STRESS**

Making art can be a wonderful way to calm emotions and spend quality time together.

**TALK, SING, AND POINT**

Talk about what you are drawing, the color of the paint, and the wonderful, fruity smells. Make up a silly song or goofy story to go along with your paintings.

**What are The Palmetto Basics?**

The Basics are five fun, simple, and powerful ways that every family can give every child a great start in life. Scan the QR code below with your camera app or visit [www.palmetto.thebasics.org](http://www.palmetto.thebasics.org) to learn more.



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